

# **Ricotta Crostata Tart Recipe**

Prep Time: 30 minutes | Cook Time: 15 min | Servings: 8 servings

### Ingredients

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- #### For the Pastry (Pasta Frolla):
- 250g (2 cups) all-purpose flour
- 125g (1/2 cup) unsalted butter, cold and cubed
- 100g (1/2 cup) granulated sugar
- 1 large egg
- 1 egg yolk
- Zest of 1 lemon
- A pinch of salt
- #### For the Ricotta Filling:
- 500g (17 oz) fresh ricotta cheese, well-drained
- 120g (2/3 cup) granulated sugar
- 1 large egg
- 1 tsp vanilla extract or zest of 1 lemon
- 50g (1.75 oz) dark chocolate chips (optional)
- 50g (1.75 oz) candied orange peel, chopped (optional)
- #### For Dusting:
- Powdered sugar (optional)

#### **Instructions:**

- 1. ### Instructions:
- 2. \*\*Make the Pastry Dough:\*\*
- 3. In a large bowl, mix flour, sugar, salt, and lemon zest
- 4. Add the cold butter and rub it into the flour until crumbly
- 5. Add the egg and yolk, mixing until a smooth dough forms
- 6. Wrap the dough in plastic wrap and refrigerate for 30 minutes
- 7. \*\*Prepare the Ricotta Filling:\*\*



- 8. In a bowl, mix ricotta with sugar until smooth
- 9. Add the egg and vanilla (or lemon zest) and mix well
- 10. Fold in chocolate chips and candied orange peel if using
- 11. \*\*Assemble the Crostata:\*\*
- 12. Preheat oven to 180°C (350°F)
- 13. Roll out 2/3 of the dough and line a 9-inch tart pan
- 14. Pour the ricotta filling into the crust and spread evenly
- 15. \*\*Add Lattice Top:\*\*
- 16. Roll out the remaining dough and cut into strips
- 17. Lay the strips over the filling in a crisscross lattice pattern
- 18. \*\*Bake:\*\*
- 19. Bake for 40-45 minutes or until the pastry is golden and the filling is set
- 20. \*\*Cool and Serve:\*\*
- 21. Let the crostata cool completely in the pan
- 22. Dust with powdered sugar before serving if desired
- 23. Slice and enjoy at room temperature or chilled

#### **Notes**

- Serve warm with love. Great for gatherings or weeknight meals.

## **Estimated Nutrition (per serving):**

Calories: 760 kcal

Protein: 34g

Fat: 23g

Carbs: 96g





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